

# TRAUMA, ATTACHMENT, DISSOCIATION, AND EMDR

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**Higher Thought Institute Webinar**

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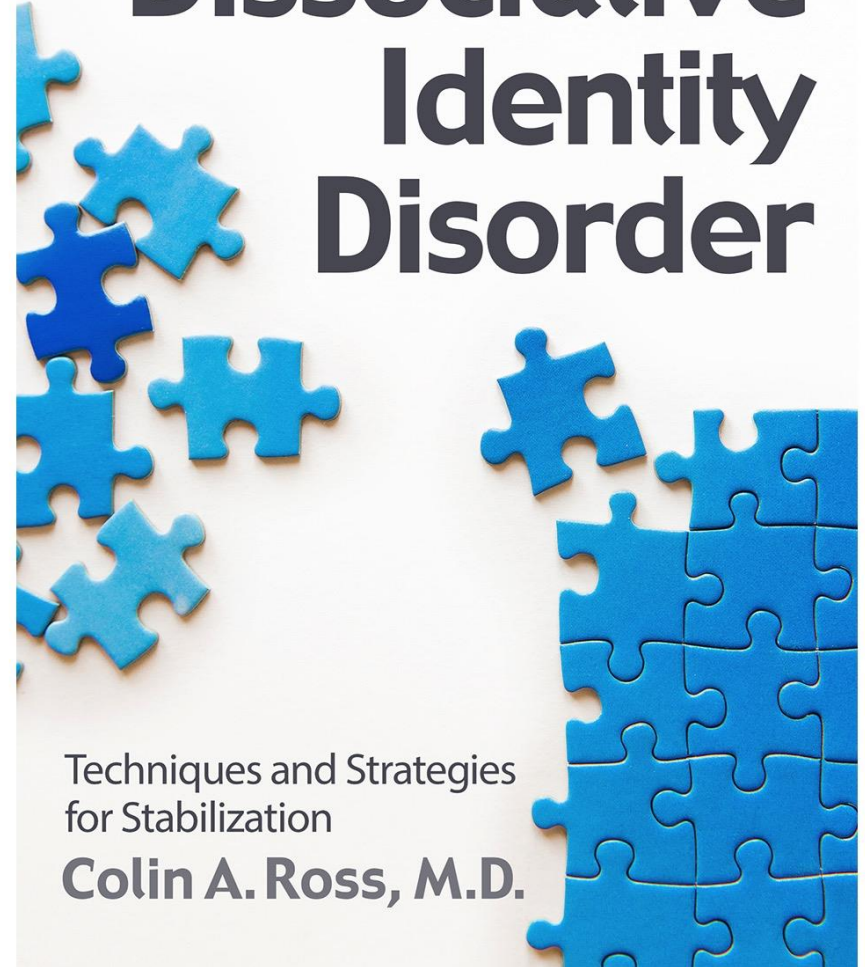
# TRAUMA MODEL THERAPY

A TREATMENT APPROACH FOR TRAUMA,  
DISSOCIATION AND COMPLEX COMORBIDITY

COLIN A. ROSS, M.D.  
NAOMI HALPERN, C.G.S.W.

## Treatment of

# Dissociative Identity Disorder

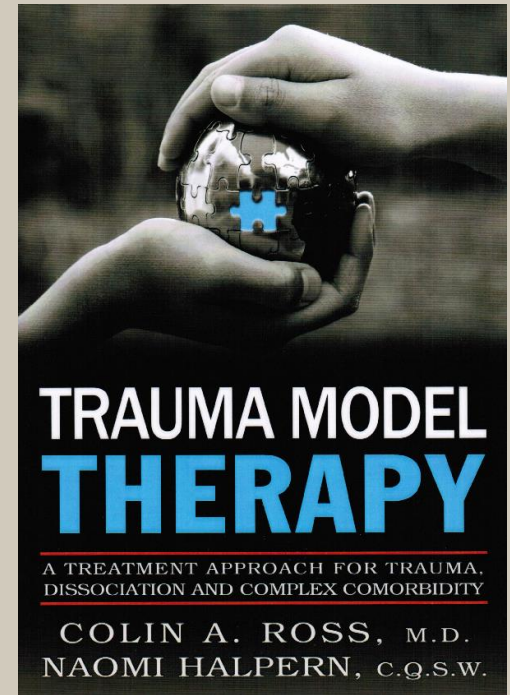


Techniques and Strategies  
for Stabilization

Colin A. Ross, M.D.

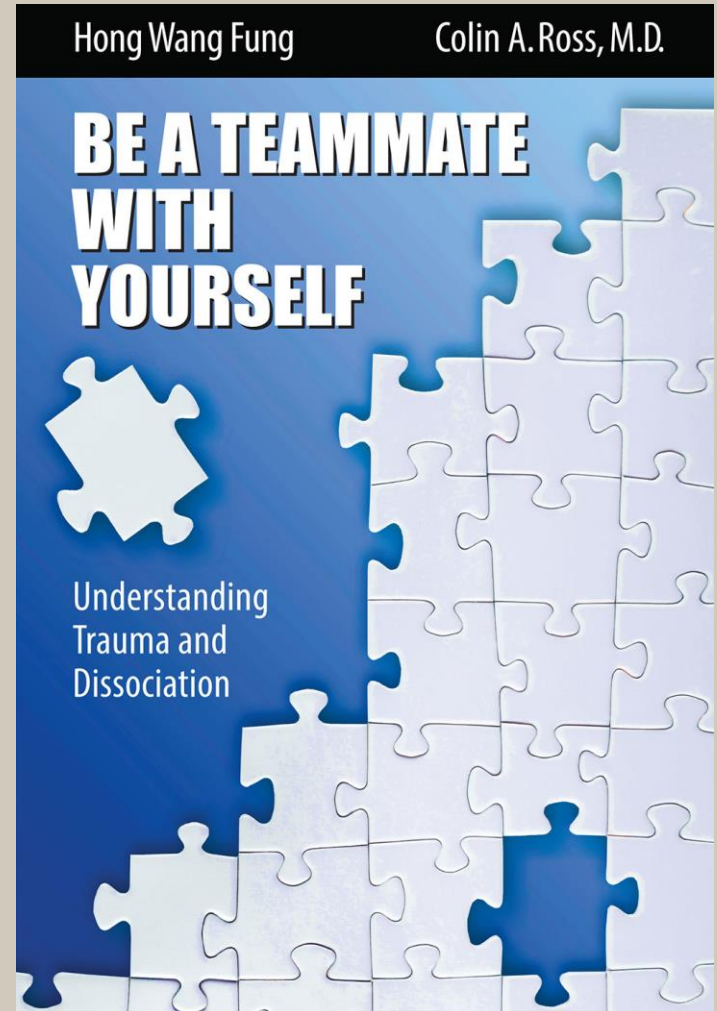
# TRAUMA MODEL THERAPY

- **The Problem of Attachment to the Perpetrator**
- **The Locus of Control Shift**
- **The Problem is Not the Problem**
- **Just Say ‘No’ to Drugs**
- **Addiction is the Opposite of Desensitization**
- **The Victim-Rescuer-Perpetrator Triangle**



# FOUR DIFFERENT MEANINGS OF DISSOCIATION

- **General Systems Meaning**
- **Technical Term in Cognitive Psychology**
- **Phenomenological Meaning**
- **Postulated Defense Mechanism**
  - **primal repression**
  - **repression proper**



# EMDR AS A TRAUMA-DISSOCIATION THERAPY

- **Adaptive Information Processing**
- **Targets = dissociated elements**
- **Body Scan**
- **Integration = reattachment**



# QUESTIONS AND DISCUSSION

