

# TRAUMA AND ETHICS

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# ETHICAL PRINCIPLES

- **Maintain therapeutic neutrality**
- **Obtain informed consent**
- **Keep thorough records**
- **Obtain consultation and supervision if necessary**



# ETHICAL PRINCIPLES

- **Do not have sex with your client**
- **Do not have a personal relationship with your client**
- **Keep good boundaries**
- **Maintain confidentiality**
- **Do not adopt the rescuer position**



# ETHICAL PRINCIPLES

**Obtain consultation and supervision if necessary**

**Individual  
Group  
Phone  
Literature**



# ETHICAL PRINCIPLES

**Do not have a personal relationship with your client**

**Friend  
Colleague  
Employee  
Consultant  
Babysitter**



# ETHICAL PRINCIPLES

**Keep good boundaries**



# ETHICAL PRINCIPLES

**Maintain confidentiality**





# ETHICAL PRINCIPLES

**Do not adopt the rescuer position**



# QUESTIONS AND DISCUSSION

