

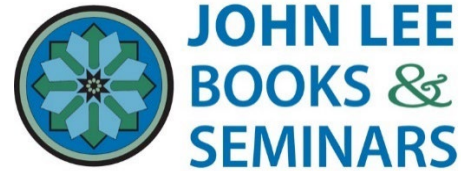
JOHN LEE bestselling author of *The Flying Boy: Healing the Wounded Man*, has written 23 books, including his latest release, *Odd One Out: Radical Revelations, Self-Help, and Personal Growth*.

Lee's highly innovative work in the fields of emotional intelligence, anger management, and emotional regression has made him an in-demand consultant, teacher, trainer, coach, and speaker. His contributions in the fields of recovery, relationships, men's issues, spirituality, and creativity have put him in the national spotlight for over 35 years.

Lee has been featured on Oprah, 20/20, Barbara Walter's *The View*, Dr. Oz, CNN, PBS, and NPR. He has been interviewed by *Newsweek*, *The New York Times*, *The Los Angeles Times*, and dozens of other national and international magazines and radio talk shows.

He has consulted and train prestigious institutions in the clinical environment including *The Betty Ford Clinic*, *Guy's Hospital* (London, England), *The Cleveland Clinic*, *The New York Open Center*, *The Hanley Center* (West Palm Beach, FL), *South Pacific Private Hospital* (Sydney, Australia), and *Mountain Area Health and Education Center* (North Carolina), and numerous others. His work in recovery, co-dependency, and adult children has positioned him as a leader in the field of addiction.

His lectures have been branded as "hilariously entertaining, deeply compassionate, yet filled with 'tell it like it is!'"



Creativity, Addiction and Passivity: Connecting or Disconnecting?

"The joy is immeasurable. The joy from the creative act that's the exciting thing that can happen." Steven Holl, Architect

Creativity is not a rare ability in childhood. Addiction is common in adulthood.

"Addiction from the Latin addictus means to devote, surrender, deliver over or give oneself up habitually." Linda Leonard

Creativity could be the same definition.

Creative

Active
Wants to be who they really are
Creating is limitless.

Creativity

The longing to remember
Wants to more fully engage with reality
Introspection and reflection
Generates possibilities
Attempts to receive the messages from the unconscious histories, present, and future
Open to synchronicity
Creativity gives us and others energy

Addict

Passive
Wants to be someone else
Addiction is inherently limiting.

Addiction

The longing to forget
Addiction is a power struggle with reality
Projection of their shadow onto others
Eliminates possibilities
Silences those inner and outer voices

Closed to coincides
Depletes, drains, and destroys our energy

Passivity: "The compulsion to pursue the opposite of what we say we want;" an addiction to sabotaging success and creativity. It is a psychological condition, an under-diagnosed issue in recovery. It is not procrastination, laziness, or apathy.

There are 3 Types of Passivity regarding Creativity: (1) Plea (2) Alibi (3) Barrier

Keep awake, keep awake, artist. Do not give in to sleep." Boris Pasternak

"Creativity is something we are, not something we do." Rick Ruben

The Odyssey of Aging: Transitioning Clients from Hero to Elder

Hero: a “person who is admired or idealized for courage”

Elder: “The term refers to agent experience. The elders pass on the wisdom to the young.”

“Life really begins at forty. Up until then you are just doing research.” Carl Jung

“The Heroes Journey” Joseph Campbell

“Eldering: A second maturity” Gerald Heard

Heros try to be better than anyone else.

Elders help others better themselves.

The story of Odysseus from The Odyssey

Grandfather Everyone is the same.

Father Age 16 to 60

Son Don't know what stage they are in – confused

Heroes Acquire

Mostly outward driven and are seeking validation and appreciation from the world

Looking for ladders to climb and dragons to slay

Productivity

Ambition

Physical and natural objects

Works a lot but don't love well

Elders Let Go

Let go of demands for results from the world and looks inward for answers

Climbing ladder for fortune and fame is no longer appropriate, and most all of the dragons are gone

Generosity

Acceptance

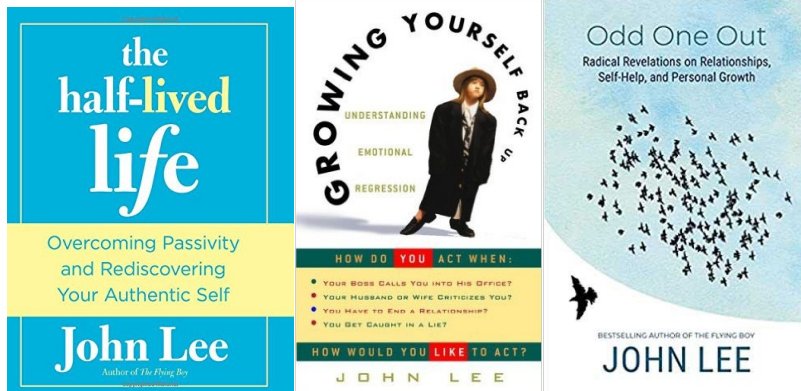
Spiritual seekers

Works without profit motive and loves well

“Every transition brings us one step closer to who we were meant to be.” John Lee

“Be a lamp, a lifeboat, a ladder. Help someone's soul to heal. Walk out of your house like a shepherd.” Rumi

The Elder no longer “holds on to youth and the past to arrest the flow of the river as it approaches the ocean of eternity.” Helen Luke



After participating in one of John's presentations, some are ready to go deeper. The 2-day Intensive allows for deeper exploration of issues with a lot of time devoted to solutions – something the traditional 50-minute session cannot provide.

To schedule a session, 2-day Intensive, or to bring JOHN LEE to your treatment facility, community group, or place of worship:

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