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# THE LINK BETWEEN TRAUMA, DEPRESSION AND BORDERLINE PERSONALITY DISORDER

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**Higher Thought Institute Webinar**

**March 25, 2023**



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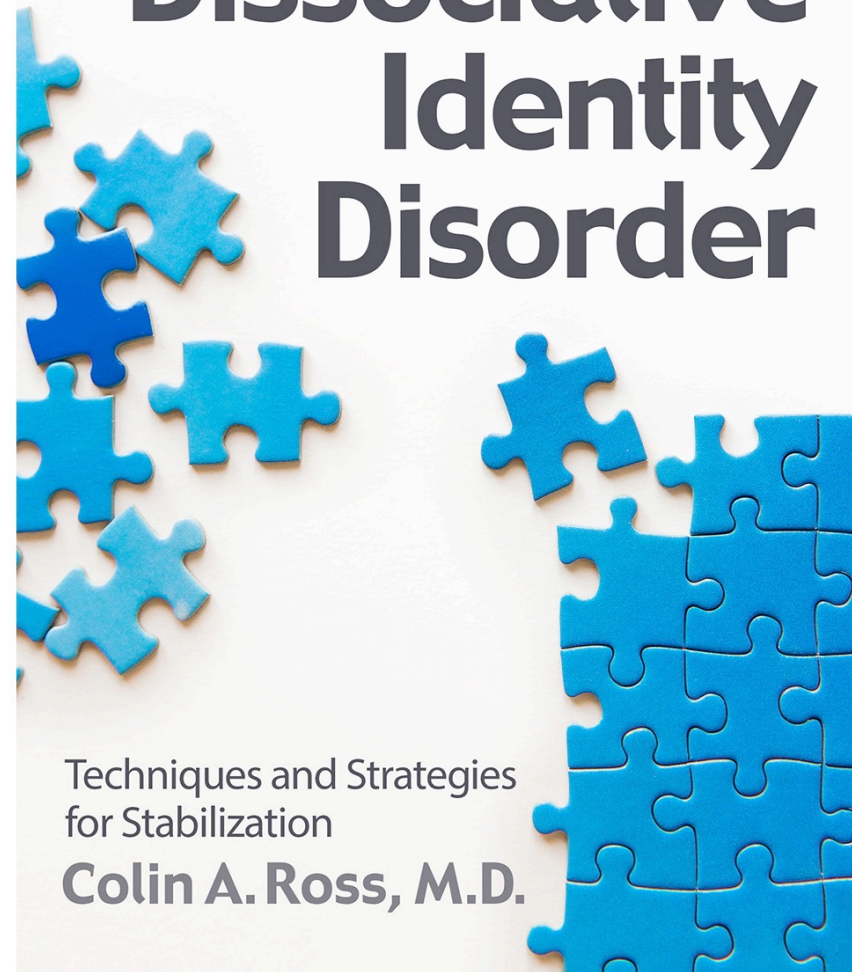
# TRAUMA MODEL THERAPY

A TREATMENT APPROACH FOR TRAUMA,  
DISSOCIATION AND COMPLEX COMORBIDITY

COLIN A. ROSS, M.D.  
NAOMI HALPERN, C.Q.S.W.

## Treatment of

# Dissociative Identity Disorder

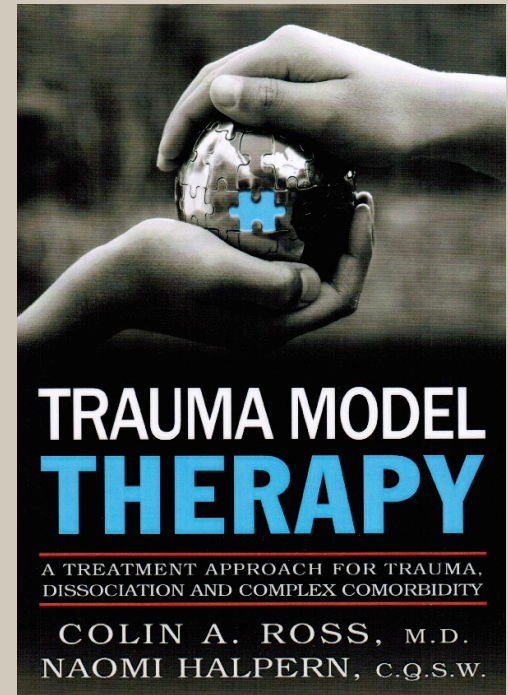


Techniques and Strategies  
for Stabilization

Colin A. Ross, M.D.

# TRAUMA MODEL THERAPY

- **The Problem of Attachment to the Perpetrator**
- **The Locus of Control Shift**
- **The Problem is Not the Problem**
- **Just Say ‘No’ to Drugs**
- **Addiction is the Opposite of Desensitization**
- **The Victim-Rescuer-Perpetrator Triangle**



# THE PROBLEM OF ATTACHMENT TO THE PERPETRATOR



# THE LOCUS OF CONTROL SHIFT



**Child**



**Perpetrator**

**Power  
Control  
Mastery  
Badness**

# THE PROBLEM IS NOT THE PROBLEM





# JUST SAY 'NO' TO DRUGS



# ADDICTION IS THE OPPOSITE OF DESENSITIZATION



# THE VICTIM-RESCUER-PERPETRATOR TRIANGLE

