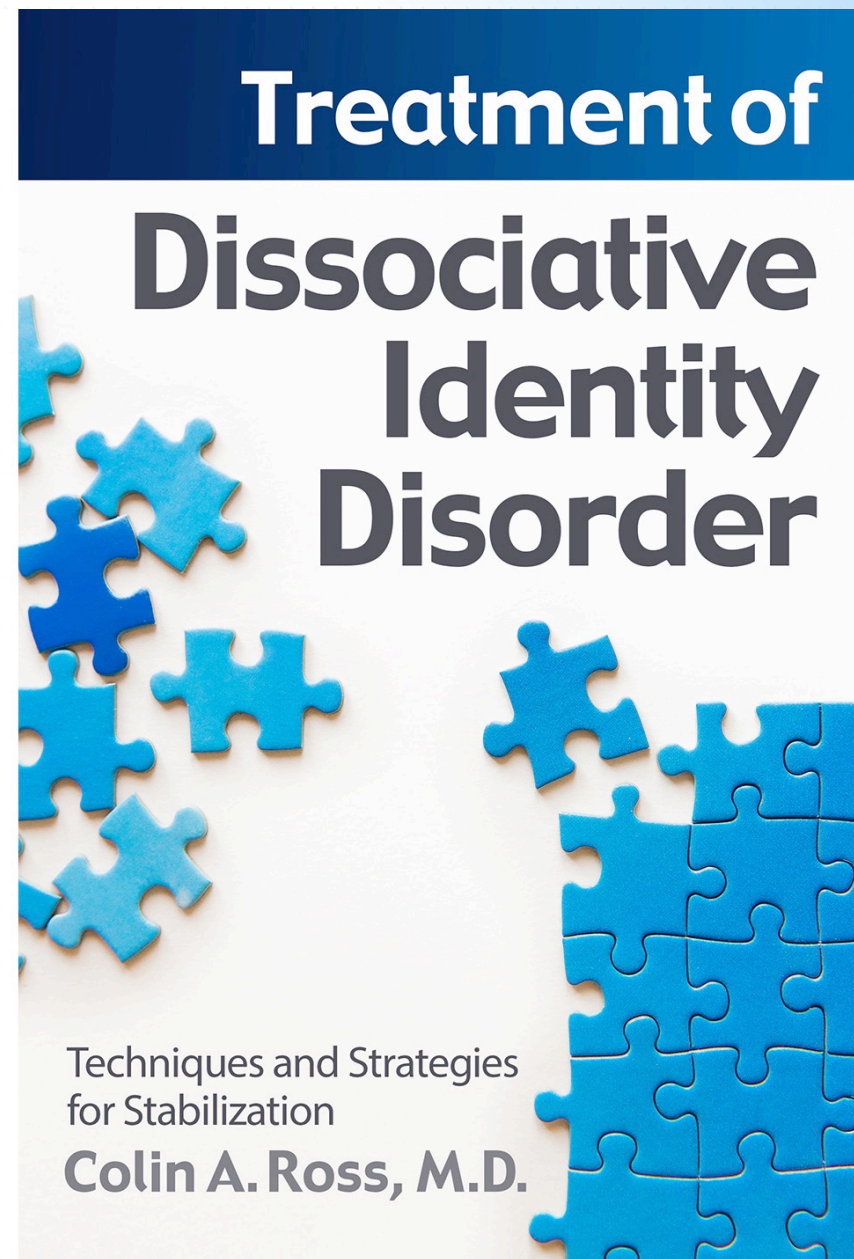
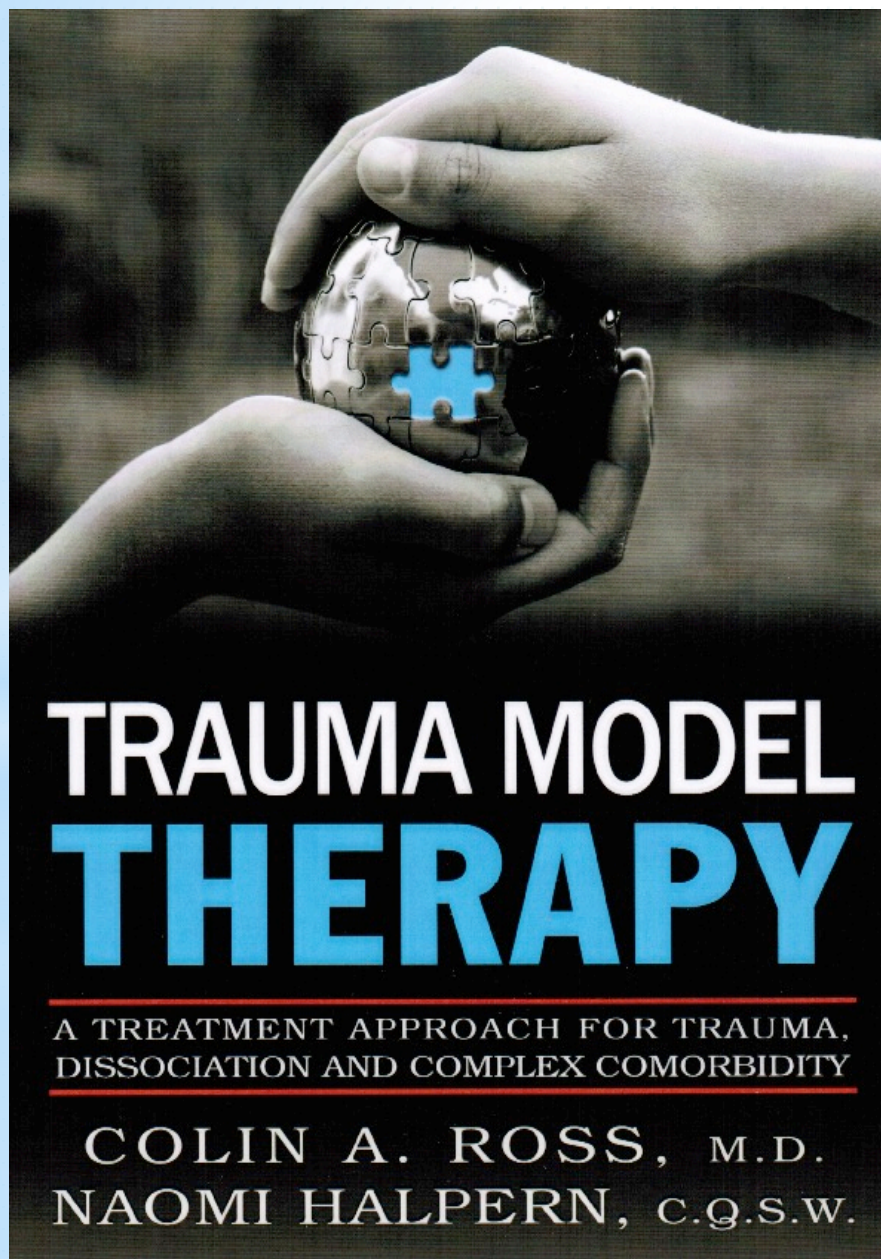


TRAUMA, ATTACHMENT, DISSOCIATION, AND EMDR

Colin A. Ross, M.D.

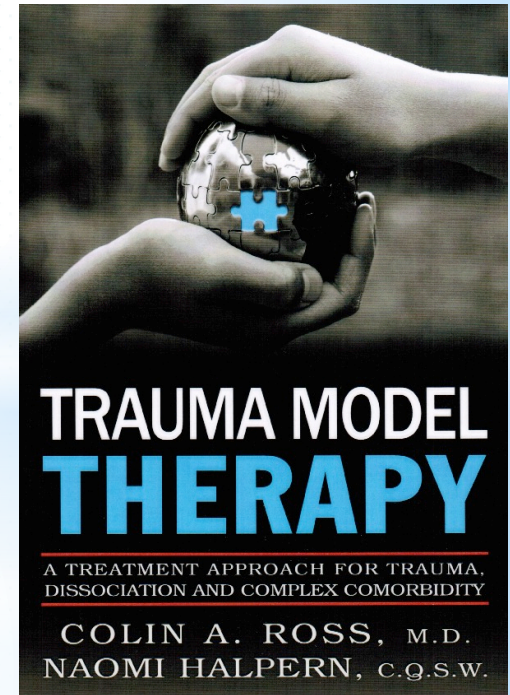
Higher Thought Institute Webinar

August 5, 2020



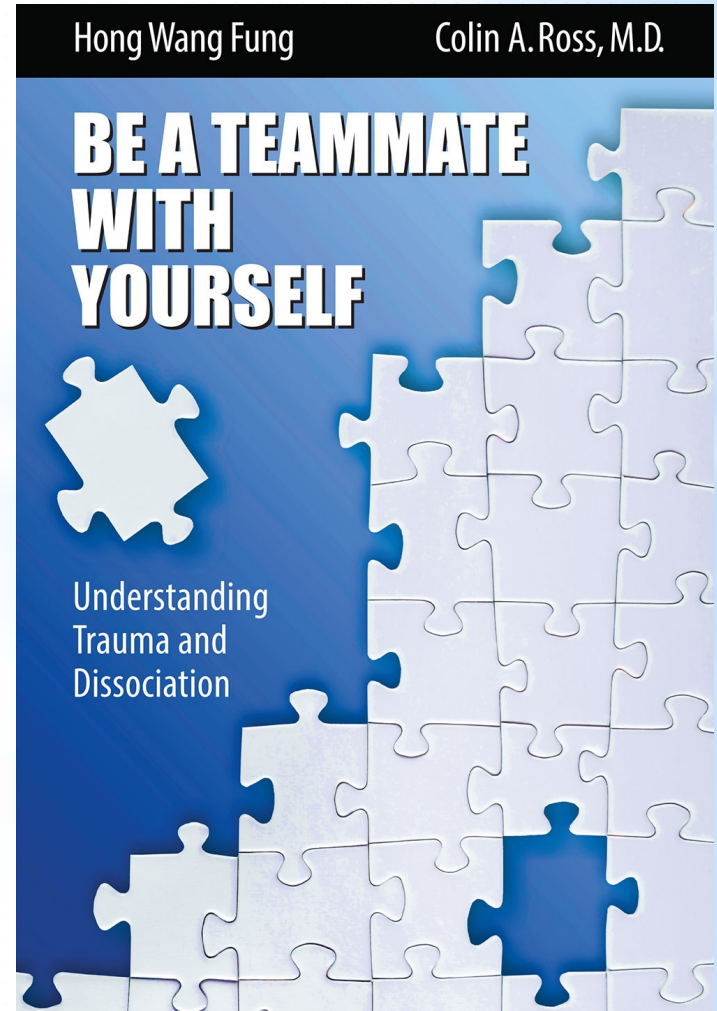
TRAUMA MODEL THERAPY

- The Problem of Attachment to the Perpetrator
- The Locus of Control Shift
- The Problem is Not the Problem
- Just Say 'No' to Drugs
- Addiction is the Opposite of Desensitization
- The Victim-Rescuer-Perpetrator Triangle



FOUR DIFFERENT MEANINGS OF DISSOCIATION

- General Systems Meaning
- Technical Term in Cognitive Psychology
- Phenomenological Meaning
- Postulated Defense Mechanism
 - primal repression
 - repression proper



EMDR AS A TRAUMA-DISSOCIATION THERAPY

- Adaptive Information Processing
- Targets = dissociated elements
- Body Scan
- Integration = reattachment



QUESTIONS AND DISCUSSION

