## TRAUMA, ATTACHMENT, DISSOCIATION, AND EMDR

Colin A. Ross, M.D.

**Higher Thought Institute Webinar** 

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# TRAUMA MODEL

A TREATMENT APPROACH FOR TRAUMA, DISSOCIATION AND COMPLEX COMORBIDITY

COLIN A. ROSS, M.D. NAOMI HALPERN, c.g.s.w. Treatment of Dissociative Identity Disorder

Techniques and Strategies for Stabilization **Colin A. Ross, M.D.** 

### **TRAUMA MODEL THERAPY**

- The Problem of Attachment to the Perpetrator
- The Locus of Control Shift
- The Problem is Not the Problem
- Just Say 'No' to Drugs
- Addiction is the Opposite of Desensitization
- The Victim-Rescuer-Perpetrator Triangle



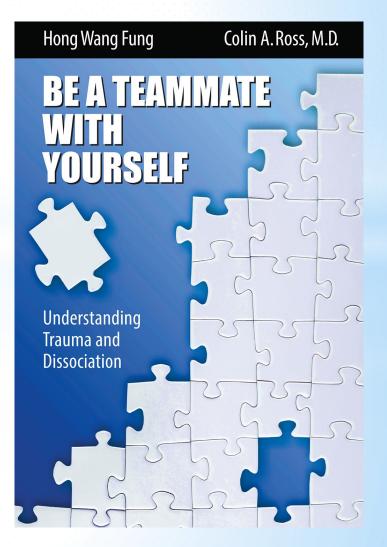


A TREATMENT APPROACH FOR TRAUMA DISSOCIATION AND COMPLEX COMORBIDITY

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### FOUR DIFFERENT MEANINGS OF DISSOCIATION

- General Systems Meaning
- Technical Term in Cognitive Psychology
- Phenomenological Meaning
- Postulated Defense Mechanism
  - primal repression
  - repression proper



#### **EMDR AS A TRAUMA-DISSOCIATION THERAPY**

- Adaptive Information Processing
- Targets = dissociated elements
- Body Scan
- Integration = reattachment



#### **QUESTIONS AND DISCUSSION**

