

# **ADDICTIONS AS THE AVOIDANCE OF TRAUMA**

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**Higher Thought Institute Webinar**

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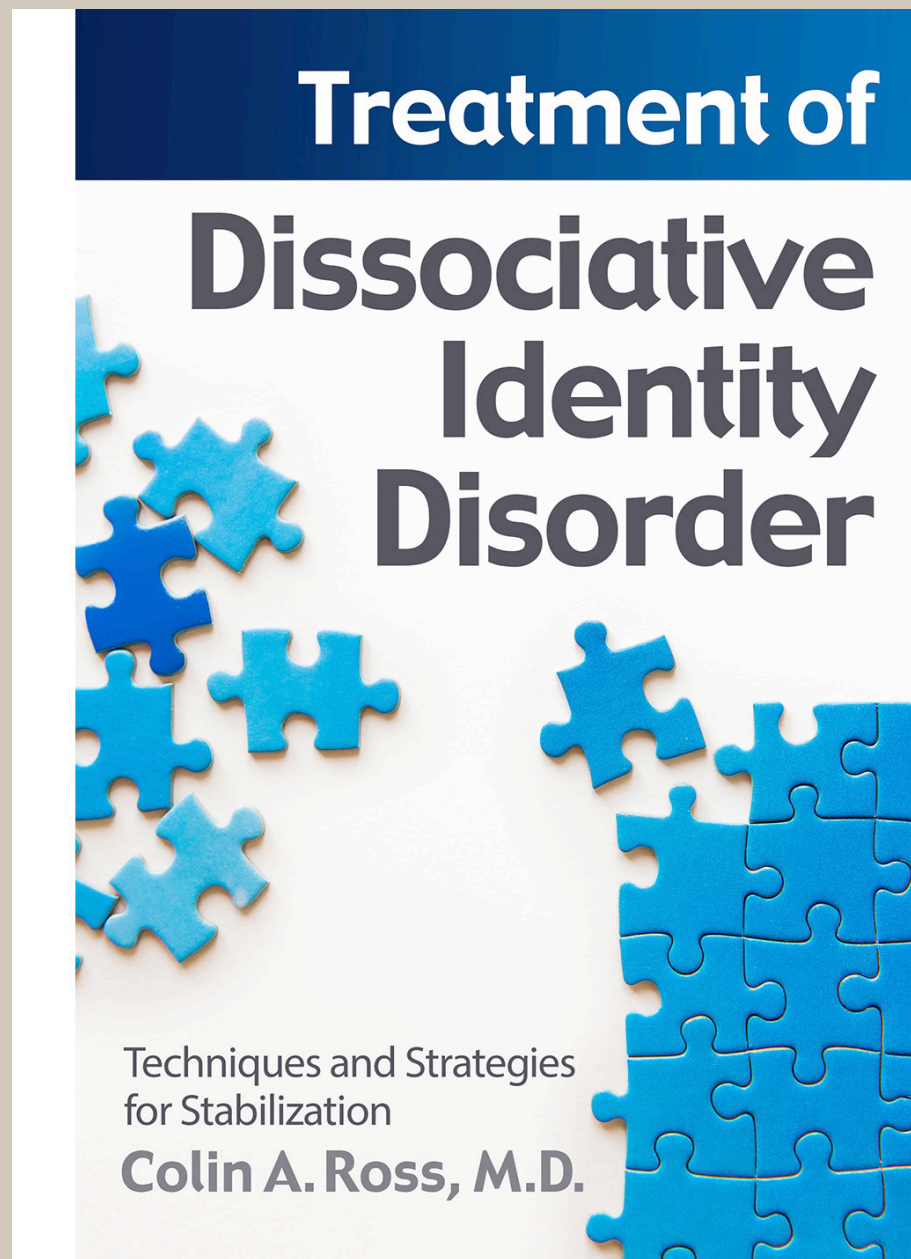
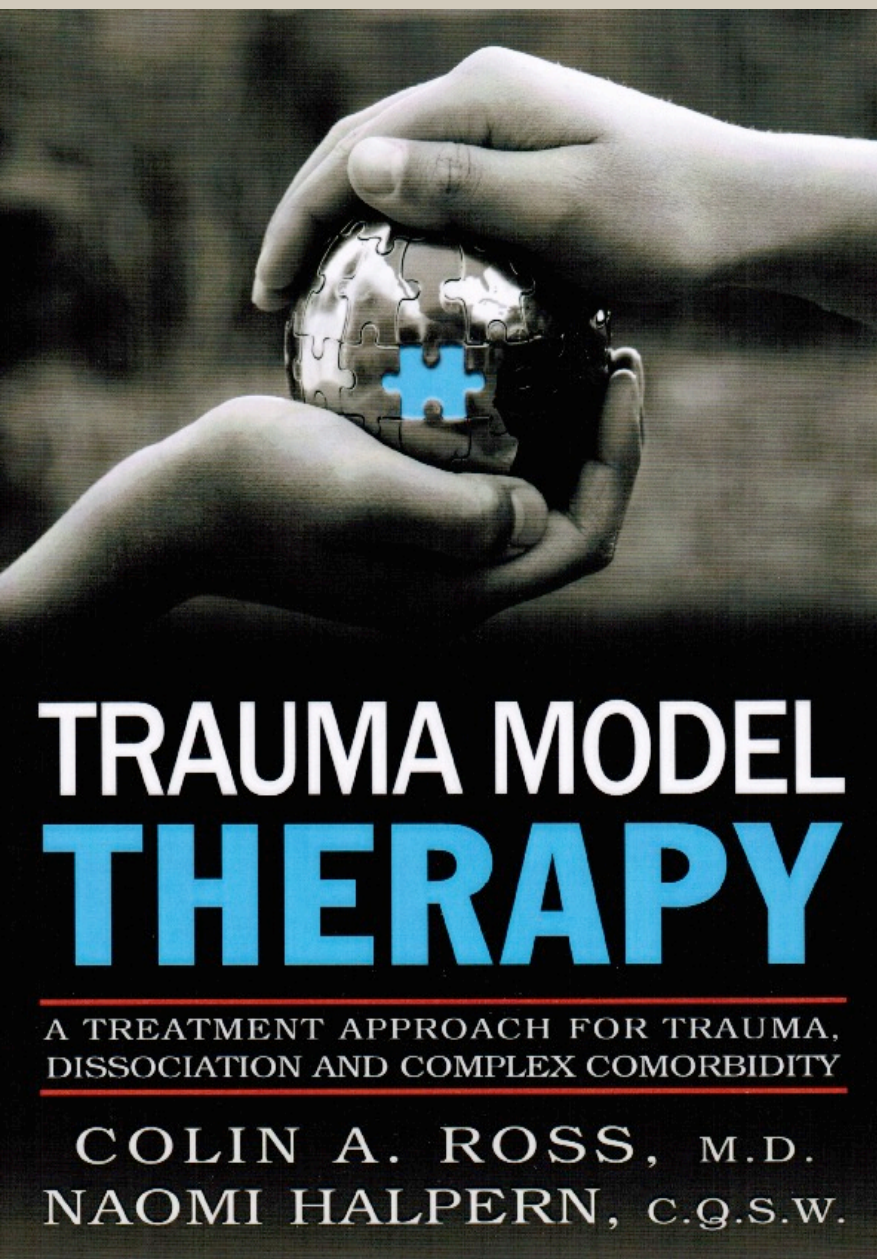
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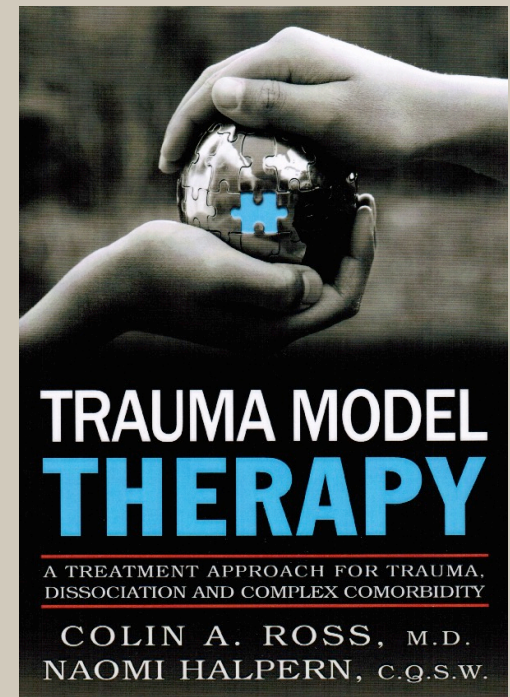
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# TRAUMA MODEL THERAPY

- **The Problem of Attachment to the Perpetrator**
- **The Locus of Control Shift**
- **The Problem is Not the Problem**
- **Just Say ‘No’ to Drugs**
- **Addiction is the Opposite of Desensitization**
- **The Victim-Rescuer-Perpetrator Triangle**





# THE PROBLEM OF ATTACHMENT TO THE PERPETRATOR



# THE LOCUS OF CONTROL SHIFT



**Child**



**Perpetrator**

**Power  
Control  
Mastery  
Badness**

# THE PROBLEM IS NOT THE PROBLEM





# JUST SAY 'NO' TO DRUGS





**ADDICTION IS THE OPPOSITE OF DESENSITIZATION**



# THE VICTIM-RESCUER-PERPETRATOR TRIANGLE

