

HIGHER THOUGHT

Exploring Ethical Obligations: Boundaries, Confidentiality & Mandated Reporting

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Outline



• Introductions

Revisiting Ethics in Professional Practice

- What do we mean by "ethical"? How is "ethical" related to "legal"?
- Drawing the Lines: Setting (& maintaining) Professional Boundaries
 - Explore guidance from ethical codes on how to define and effectuate appropriate boundaries with clients.

• Keeping Client Confidences: From the Basic to the Difficult

- Explore the concepts of confidentiality and privilege, finding foundations in ethical codes and the law.
- Making the Tough Call: Reporting Suspected Child Abuse & Neglect
 - Explore a specific area of practice where professional ethics and legal obligations meet (often in conflict): the role of mandated reporters.
- Questions and Conclusions

Introductions

Who are You?

Who Am I?

Limitation of my role

Why We're Here?

Revisiting Ethics in Professional Practice

- What do you know about Ethics?
- Where did you learn it?
- What professions have ethics?
- Are "ethics" and "the law" interchangeable?

Purposes of Professional Code of Ethics

- 1) Identifies core values on which profession's mission is based
- 2) Summarizes broad ethical principles reflecting profession's core values
- 3) Establishes ethical standards to guide professional practice
- 4) Designed to help professionals identify relevant considerations when obligations conflict or ethical uncertainties arise
- 5) Provides ethical standards to which the professional itself, as well as the general public, can hold the profession/professional accountable
- 6) Socializes practitioners new to the field to a professions mission, values, ethical principles, and ethical standards

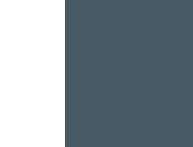
DOES NOT PROVIDE GUIDANCE FOR ALL SITUATIONS/ ALLOWS FOR VARIANCE (Use of language: "may", "should", "must")

Example: History of NASW Code

- Early days of social work
 - Little attention paid to professional ethics
- 1915: Abraham Flexner challenged social workers to develop a code of ethics, to develop as a "profession"
- 1920: Mary Richmond authors experimental Code of Ethics for social workers
- 1946: First formal code of ethics was adopted by AASW
 - 14 "I" statements
 - "I give precedence to my professional responsibility over my personal interests,"
 - "I respect the privacy of the people I serve."
- 1960: NASW published its first Code of Ethics
 - Periodically revised at decreasing intervals
 - Most recently revised 2021

Having an ethical code helps a profession gain credibility

Clusters of Ethical Responsibility



To Clients

To Colleagues

In Practice Settings

As Professionals

To the Profession

To the Broader Society... (large legal implications)



Beneficence

Non-Maleficence

Autonomy/Self-Determination

Justice

Ethics and the Law: An Exercise

	Ethical Behavior	UNethical Behavior
Legal Behavior		
ILLEGAL Behavior		

Failure to Follow "Law": Possible Sanctions

- Statutory actions
- Regulatory actions
- Civil/ criminal liability

Fewer than 5% will ever get sued More will be threatened by suit

Failure to Follow Professional Codes: Possible Sanctions

- Binding on organizational members
 - $\,\circ\,\,$ Don't follow the code and you're a member:
 - Sanctioned
 - Membership revoked
- Code as Law (differs by state)
 - Failure to follow code is legal violation
 - Lose license
 - Civil liability
- Failure to follow the code does not necessarily mean that license will be pulled, or legal sanctions available
- Professional Code is ACCEPTED professional standard
 - \circ If sued, failure to follow the Code would be appropriate evidence.

Complaints of Unethical Practice: Social Work Example Over 10 years

- Fewer than 100 complaints a year
- Fewer than ¹⁄₄ accepted for adjudication
- About 10% accepted for adjudication but closed before a hearing (settlements or adjudications, or a withdrawal of the complaint)
- Majority of cases that went to adjudication supported complain/ found ethics violations

Complaints of Unethical Practice: Most Common Violations?

- 1. Sexual activity
- 2. Dual relationship
- 3. Other boundary violations
- 4. Failure to seek supervision or consultation
- 5. Failure to use accepted practice skills
- 6. Fraudulent behavior
- 7. Premature termination
- 8. Inadequate provisions for case transfer or referral
- 9. Failure to maintain adequate records or reports
- 10. Failure to discuss policies as part of informed consent

Complaints of Unethical Practice: LEAST Common Violations?

- 1. Confidentiality breaches with friends or family
- 2. Confidentiality breaches with insurers or others
- 3. Mishandled records
- 4. Failure to secure backup coverage
- 5. Failure to report a suspicion of child abuse
- 6. Failure to respond to a client's self-destructive behavior

Protecting Yourself

- First Line of Protection: Prevention
 - $\circ\,$ Informed Consent
 - Make clear the definition of professional relationship with clients
 - Early and often in relationship

Satisfying Informed Consent Requirements

- Verbal
- Written
- Frequent areas of concern
 - Goals of relationship
 - Nature of relationship/expectations
 - Confidentiality & its limits

Crafting Statements/Forms

- For English-speaking competent adults
- For teenagers
- For pre-teens
- For young children
- For toddlers
- For non-English-speaking competent adults
- For non-competent adults

Drawing Lines: Setting (& maintaining) Professional Boundaries

What are the lines?Where are the lines?



Physical Contact

- Should not engage in physical contact with clients when there is a possibility of psychological harm to the client as a result of the contact
 - Handshakes, high-fives and fist-bumps
 - Hugs, cradling, and caressing
- Set clear boundaries about contact before contact



Conflicts of Interest

- Dual or multiple relationships
 - Defining
 - Avoiding
 - When unavoidable, take steps to protect clients:
 - Set clear, appropriate, & culturally sensitive boundaries
- Working with two "related" clients
 - Who/what is the client?

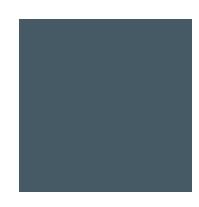


Sexual Relationships

- Sexual activities/contact with <u>current</u> clients, consensual or not
 - NEVER OKAY
- Sexual activities with <u>former</u> clients
 - NOT OKAY
 - Burden of proof on Professional
- Professional relationship with former sexual partner
 - NOT OKAY
- Sexual relationship with family/friends of current/former clients.
 - NOT OKAY

Potential Damage from Boundary Issues

- To client/other person
 - \circ Emotional
- To self
 - Emotional
 - Professional
 - Monetary



Preparation (& then Action) **Key to Protection** (Personal & Professional)

- Setting Boundaries
 - $\circ\,$ Part of the informed consent process
- Keep on the lookout
- Acknowledge as early as possible
- Address with client immediately

Keeping Client Confidences: From the Basic to the Difficult





Client Confidentiality

- Defining Confidentiality
 - Keep information private
 - "Hold confidences"

Confidentiality vs. Privilege

- Not synonymous terms; but related
 - Confidentiality is professional responsibility provided through ethics & law
 - Privilege protects information from admission in legal proceeding.
- Privilege derives from relationship with expectation that information passed within the relationship will remain confidential.
- Privileges you know about?

Therapist Privilege?

- Jaffee vs. Redmond (U.S. Supreme Court 1996)
- Limited to confidences exchanged in therapeutic relationship
 - Not case management, etc
- Who holds privilege?
- When can privilege be severed?



Simple Confidentiality Rules

- Client records
 - On Paper
 - Electronically
- Talking about work
 - At work
 - At home



Special Situations

- Working with groups
- Working with families
- Working with minors (and their parents)
- Working with the cognitively impaired

What about HIPAA?

- Health Insurance Portability and Accountability Act of 1996
 - Federal Law
- Promotes greater sensitivity/awareness of private information
- Provides exceptions for legally required reports to public health and other government authorities.

Treatment for Addiction/ Substance Use Disorders: Protected Records

• Special protection provided by federal law

- To encourage treatment
- Exemptions stated in policy



Breaching Confidentiality

- Client Release
- Duty to Warn/Protect from client caused harm
 - Tarasoff Case
- Duty to Protect client from self-harm
- Defense of Professional
- Legally Compelled: Subpoena/Court Order
- Mandated Reporting
 - Child Maltreatment
 - Elder Abuse
 - "Vulnerable persons"



Protecting Yourself

- Preparation: Informed Consent
- Seek guidance/legal advice

Making the Tough Call

Reporting Suspected Child Abuse & Neglect



Role of Mandated Reporter: Ethical Conflicts

- Codes of ethics allow for breach of confidentiality to report
- Other issues with confidentiality:
 - Confidentiality of reporter
 - $\circ\,$ Protection of records
- Concern for client self-determination
- Participation in imperfect (or worse) system

Informing a Client About a Report

- Should you tell a client before you make the report?
- Should you tell a client after you make the report?
- Should you tell a client at all?

Concerns for Under-reporting

Professionals:

- Not clear about legal definitions of abuse/neglect
- Influenced by professional beliefs, values, and experiences

Professionals report only half the incidents they knew about:

- Confusion/ misunderstanding about laws & procedures
- Lack of knowledge/ awareness of warning signs/clues
- Concerns for being "wrong"
- Concerns for backlash

Concerns for Over-reporting

- Vast Majority of Reports (66%+) UNSUBSTANTIATED After Investigation
 - What does "Unsubstantiated" mean?
 - Changing investigation standard in NYS
- Sources of Unsubstantiated Reports
 - Anonymous Reports
 - Schools
 - Mental Health Providers

Concerns for Racial Disproportionality

• In NYS Black families are:

- 7 times more likely than white families to be reported to the SCR
- 8 times more likely than white families to have a case indicated
- 11 times more likely than white families to be separated (OCFS, 2019)
- 53% of Black children's parents are investigated by CPS (Kim, et al., 2017)
- Black & Hispanic children with minor head trauma are 2-4 times more likely to be evaluated and reported for suspected abusive head trauma (Hymel, et al., 2018)
- Black mothers are more likely to be reported by hospitals when there is a positive drug test during labor and delivery (Chasnoff, et al., 1990)

Concerns for Failing System

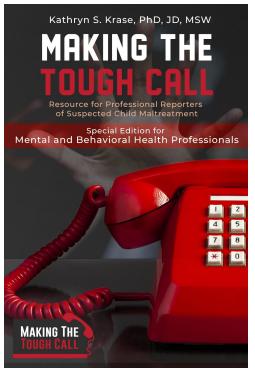
- Traumatic Investigations
- Traumatic Family Separations
- Unhelpful/unproven interventions
- Calls for Abolition of Mandated Reporting
- Calls for Abolition of CPS





- Kempe Center, <u>Call to Action Series</u>
- Fordham GSS, <u>Narrowing the Front Door Series</u>
- Mandated Reporters Against Mandated Reporting
- My DropBox Folder





Conclusions/Questions/Comments

Thank you!

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Find out more about me at:

https://www.kraseconsulting.com

https://www.makingthetoughcall.info