

TRAUMA AND ETHICS

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**Higher Thought Institute
Webinar**

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ETHICAL PRINCIPLES

- **Maintain therapeutic neutrality**
- **Obtain informed consent**
- **Keep thorough records**
- **Obtain consultation and supervision if necessary**



ETHICAL PRINCIPLES

- **Do not have sex with your client**
- **Do not have a personal relationship with your client**
- **Keep good boundaries**
- **Maintain confidentiality**
- **Do not adopt the rescuer position**



ETHICAL PRINCIPLES

Obtain consultation and supervision if necessary

**Individual
Group
Phone
Literature**



ETHICAL PRINCIPLES

Do not have a personal relationship with your client

**Friend
Colleague
Employee
Consultant
Babysitter**



ETHICAL PRINCIPLES

Keep good boundaries



ETHICAL PRINCIPLES

Maintain confidentiality



ETHICAL PRINCIPLES

Do not adopt the rescuer position



QUESTIONS AND DISCUSSION

